



# PHAT WEDNESDAYS

CRANK IT UP



Rank	Bib.	Name	Category	Time	Gap
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### Category : Junior Male

1	12	ZANDER GEDDES	Junior Male	5:00.518	
2	45	JULIO CESAR LEONDRO	Junior Male	5:03.753	3.235
3	140	WILL BINAME	Junior Male	5:18.386	17.868
4	28	CARSON TOWNLEY	Junior Male	5:26.884	26.366
5	67	BRAD JANSEN	Junior Male	5:28.262	27.744
6	141	EJ BOFFEY	Junior Male	5:31.232	30.714
7	65	ALEX AUGER	Junior Male	5:31.633	31.115
8	84	COLE JENSEN	Junior Male	5:38.070	37.552
9	159	NOAM ZINDER	Junior Male	5:40.599	40.081
10	160	TONATAN ZINDER	Junior Male	6:03.587	1:03.069
11	156	ADAM WOODHOUSE	Junior Male	6:08.084	1:07.566

### Category : Female

1	1	CLAIRE BUCAR	Female	5:13.127	
2	2	SARAH LEISHMAN	Female	5:15.183	2.056
3	9	KATHY PRUITT	Female	5:21.406	8.279
4	6	KATRINA STRAND	Female	5:22.049	8.922
5	7	CASEY BROWN	Female	5:22.678	9.551
6	19	JULIE ISTVAN	Female	5:27.254	14.127
7	186	LISA MASON	Female	5:29.281	16.154
8	165	SIMMONNE LYONS	Female	5:31.676	18.549
9	199	BRITT MUELLER	Female	5:36.368	23.241
10	136	TARA KATAMAY-SMITH	Female	5:40.285	27.158
11	43	CARRIE MELTZOR	Female	5:43.984	30.857
12	134	JANE VOGAN	Female	5:47.226	34.099
13	16	KELLY ANN ROONEY	Female	5:47.290	34.163
14	8	CANADACE SHADLEY	Female	5:48.820	35.693
15	201	AMALIE BUDGEN	Female	5:50.525	37.398
16	54	KATE WHITLEY	Female	5:51.626	38.499
17	166	RACHELLE FRAZER	Female	5:51.856	38.729
18	167	KERRI-ANN THIBEAU	Female	5:52.577	39.450
19	49	GAIL CROWE-SWORD	Female	6:01.423	48.296
20	50	AGNIESZKA ROGOZ	Female	6:03.821	50.694
21	198	KARINE DUGUAY	Female	6:07.515	54.388
22	181	RUTH DUFFY	Female	6:15.377	1:02.250
23	98	NATALIE GERRIE	Female	6:25.895	1:12.768
24	175	ELIZABETH KOVICS	Female	6:26.601	1:13.474

### Category : Master Male

1	5	DAVE HARDER	Master Male	4:57.474	
2	4	ANDREW GUNN	Master Male	4:58.472	0.998



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Rank	Bib.	Name	Category	Time	Gap
3	169	CHRIS DEWER	Master Male	4:58.513	1.039
4	31	MATHIEU HEBERT	Master Male	4:59.715	2.241
5	119	CORRIE MULLIN	Master Male	5:01.632	4.158
6	51	STEVE STOREY	Master Male	5:02.905	5.431
7	91	RICHARD BEDFORD	Master Male	5:03.725	6.251
8	168	ALAN GOLDS	Master Male	5:06.334	8.860
9	38	RYAN NEWTON	Master Male	5:08.684	11.210
10	11	TODD HELINGA	Master Male	5:10.714	13.240
11	195	JEROME DAVID	Master Male	5:14.673	17.199
12	183	BORIS FONTANETTA	Master Male	5:20.671	23.197
13	161	CHRIS ADDARIO	Master Male	5:21.804	24.330
14	109	GARETH HOBSON	Master Male	5:23.456	25.982
15	92	SHANNON KINGI	Master Male	5:24.492	27.018
16	173	TRENT BLUCHER	Master Male	5:24.903	27.429
17	164	TREVOR FERRAO	Master Male	5:27.457	29.983
18	48	JEFF LEIGH	Master Male	5:29.380	31.906
19	90	ADAM JULIAN	Master Male	5:29.916	32.442
20	116	KENTON DUNNING	Master Male	5:30.926	33.452
21	85	CALEB JACKSON	Master Male	5:31.773	34.299
22	162	BRETT GOSSMAN	Master Male	5:31.904	34.430
23	200	NAIRN YOUNG	Master Male	5:32.022	34.548
24	176	ROBBIE DAGG	Master Male	5:35.353	37.879
25	111	JOHANNES MEYER	Master Male	5:35.652	38.178
26	122	TIM LANGMAID	Master Male	5:36.635	39.161
27	149	MIGUEL FONSECA	Master Male	5:39.535	42.061
28	62	JOHN MAGILL	Master Male	5:40.255	42.781
29	196	GREG AMANN	Master Male	5:56.800	59.326
30	155	MATTI ZINDER	Master Male	6:00.473	1:02.999
31	157	DUSTAN WOODHOUSE	Master Male	6:07.337	1:09.863
32	46	ERICK NEUBERN	Master Male	6:13.144	1:15.670

**Category : Male Open**

1	56	PAUL STEVENS	Male Open	4:49.152	
2	13	TYLER ALLISON	Male Open	4:49.745	0.593
3	124	CHRISTIAN STALDER	Male Open	4:53.010	3.858
4	57	TREV BURKE	Male Open	4:53.263	4.111
5	74	KURT LANCASTER	Male Open	4:54.603	5.451
6	14	ADAM BILLINGHURST	Male Open	4:54.857	5.705
7	59	RYAN DE MUFFINE	Male Open	4:54.948	5.796
8	142	SIMON BUZACOTT	Male Open	4:56.637	7.485
9	61	EVAN WINTON	Male Open	4:56.752	7.600
10	64	NICK SIMPSON	Male Open	4:57.344	8.192
11	53	SHANE GAYTON	Male Open	4:57.417	8.265
12	60	BEREND BOER	Male Open	4:57.473	8.321
13	30	ROBIN POTVIN	Male Open	4:59.267	10.115
14	55	DYLAN WOLSKY	Male Open	4:59.636	10.484
15	20	NICK CAVENDER	Male Open	5:00.029	10.877
16	182	GUY GIBBS	Male Open	5:00.940	11.788
17	69	NATHAN RANKIN	Male Open	5:03.468	14.316
18	34	DENIS COURCHESNE	Male Open	5:04.265	15.113
19	190	ANDREW BROWNE	Male Open	5:04.567	15.415

**CRANK IT UP**

<b>Rank</b>	<b>Bib.</b>	<b>Name</b>	<b>Category</b>	<b>Time</b>	<b>Gap</b>
20	52	CHRIS YOUNG	Male Open	5:04.810	15.658
21	106	ED THOMSETT	Male Open	5:06.454	17.302
22	24	SHAUN FRY	Male Open	5:07.376	18.224
23	103	JONATHAN WACKER	Male Open	5:07.399	18.247
24	100	MARCO HEIM	Male Open	5:07.833	18.681
25	25	DAVID MITCHELL	Male Open	5:08.368	19.216
26	94	JIM HUGHES	Male Open	5:08.870	19.718
27	104	TOBIAS LONFAT	Male Open	5:08.931	19.779
28	23	SAM HARDIE	Male Open	5:09.542	20.390
29	63	LEWIS WINTON	Male Open	5:09.647	20.495
30	32	VICTOR HYVRARD	Male Open	5:10.342	21.190
31	72	LEIGHTON LANCASTER	Male Open	5:10.436	21.284
32	148	CHARLES GAY	Male Open	5:10.995	21.843
33	139	MASON FULTON	Male Open	5:11.153	22.001
34	29	STEVEN REICHE	Male Open	5:11.480	22.328
35	174	JAMIE TILBURY	Male Open	5:11.787	22.635
36	121	ALI CHAPPLE	Male Open	5:12.204	23.052
37	163	ROBERT JURK	Male Open	5:12.263	23.111
38	138	QUENTIN ERMERIAU	Male Open	5:14.211	25.059
39	105	PHILIP TRENHOLME	Male Open	5:14.263	25.111
40	88	JAN VANER	Male Open	5:14.502	25.350
41	110	JJONATHAN ZIMMERMANN	Male Open	5:14.600	25.448
42	177	ADAM DAGG	Male Open	5:14.654	25.502
43	27	LUKE DEJAGER	Male Open	5:15.050	25.898
44	58	ANDY CLARKE	Male Open	5:15.755	26.603
45	152	OLLI LYNCH	Male Open	5:16.418	27.266
46	151	TOMMY MAY	Male Open	5:16.762	27.610
47	191	GERRY POWER	Male Open	5:16.779	27.627
48	21	ANDREW LINLEY	Male Open	5:17.631	28.479
49	86	JOEL WALKER	Male Open	5:18.631	29.479
50	22	TIMOTHY WILSON	Male Open	5:18.794	29.642
51	137	MIKE GAMBLE	Male Open	5:19.169	30.017
52	197	KYLE GARDNER	Male Open	5:19.495	30.343
53	39	CHARLES RENEAUD-ROY	Male Open	5:20.985	31.833
54	41	SACHI KOBAYASHI	Male Open	5:23.073	33.921
55	83	JONATHON CONGREVE	Male Open	5:23.213	34.061
56	99	LAURENT PERROUE	Male Open	5:24.265	35.113
57	36	PAUL BRAVAIS	Male Open	5:25.856	36.704
58	42	FELIX KRAMER	Male Open	5:26.450	37.298
59	18	JAMES ALLAN	Male Open	5:27.588	38.436
60	40	PAUL BOUTIER	Male Open	5:27.751	38.599
61	123	WILLIAM WESTWOOD	Male Open	5:28.370	39.218
62	120	MARK WALTER	Male Open	5:28.497	39.345
63	17	CHRIS DRAPER	Male Open	5:28.693	39.541
64	172	OLIVIER FONTAINE	Male Open	5:30.139	40.987
65	68	SCOTT FITZGERALD	Male Open	5:30.670	41.518
66	194	MIKE HAYWARD	Male Open	5:32.218	43.066
67	125	WILL COUCH	Male Open	5:32.600	43.448
68	146	DAVID DUPONT	Male Open	5:32.771	43.619
69	81	ROWAN BUCKLEY	Male Open	5:32.929	43.777
70	188	JARED WILSON	Male Open	5:33.747	44.595
71	147	SPENCER WUEST	Male Open	5:34.014	44.862
72	95	ROB JACKSON	Male Open	5:35.441	46.289

**CRANK IT UP**

<b>Rank</b>	<b>Bib.</b>	<b>Name</b>	<b>Category</b>	<b>Time</b>	<b>Gap</b>
73	108	JEFF BOSZAK	Male Open	5:35.911	46.759
74	129	JC AZZOPARDI	Male Open	5:35.998	46.846
75	131	CARL HOOD	Male Open	5:36.012	46.860
76	132	MARK BALL	Male Open	5:36.646	47.494
77	113	DEREK ABEL	Male Open	5:36.745	47.593
78	154	BEN HOFFMAN	Male Open	5:37.181	48.029
79	189	MYLES BLASER	Male Open	5:38.128	48.976
80	118	JAMES EVANS	Male Open	5:38.836	49.684
81	87	MITCH LYONS	Male Open	5:38.918	49.766
82	130	GEORGE BURDON	Male Open	5:39.077	49.925
83	135	PETE STANLEY	Male Open	5:39.203	50.051
84	153	JOAO BILIA	Male Open	5:39.338	50.186
85	187	TOSHIO IMAI	Male Open	5:39.931	50.779
86	180	KRIS WEIKER	Male Open	5:43.746	54.594
87	80	SAM OLDFIELD	Male Open	5:46.168	57.016
88	179	DANIEL RISBERG	Male Open	5:48.025	58.873
89	184	KEVIN NANTAIS	Male Open	5:49.674	1:00.522
90	89	CODY OBERLANDER	Male Open	5:51.804	1:02.652
91	44	FABIO PELLEGRINI	Male Open	5:52.392	1:03.240
92	114	BRYCE STIRLING	Male Open	6:10.862	1:21.710
93	77	BEN TYAS	Male Open	6:28.572	1:39.420
94	115	LUKE DEWAR	Male Open	6:32.874	1:43.722
95	71	DOMINIC STULEN	Male Open	6:56.090	2:06.938
96	117	BRENT HARWOOD	Male Open	7:02.840	2:13.688
97	79	JAMES HAMPTON	Male Open	7:28.217	2:39.065
98	192	JAMES NIEMEIER	Male Open	7:28.239	2:39.087
99	78	SAM PERRY	Male Open	7:56.243	3:07.091
100	73	LEIGHTON KIRK	Male Open	8:26.359	3:37.207
101	70	STEFAN GARDNER	Male Open	8:53.660	4:04.508
102	76	CAM JOHNSON	Male Open	9:26.307	4:37.155
103	150	MARK PRIOR	Male Open	9:43.765	4:54.613
104	170	MITCHEL HAYDEN	Male Open	10:46.250	5:57.098
105	178	CRAIG HARRIS	Male Open	14:11.286	9:22.134

**DNS**

171	CALE GLITHERO	Male Open
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**DNF**

3	CHRIS KOVARIK	Male Open
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